

205 Bailey Lane
Benton, IL 62812
T: 618.438.0309
Fax: 618.438.4406



301 Rushing Drive
Herrin, IL 62812
T: 618.998.9250
Fax: 618.998.9286

HOW DO I ORDER A CPAP Machine?

1. **Have a face-to-face examination with your patient within 6 months AND prior to sleep study.**
The Patient's medical record must contain sufficient documentation of the patient's medical condition to substantiate the necessity for a CPAP Machine.
2. **Address the following topics during the face-to-face appointment:**
 - a. History and physical including signs and symptoms of sleep disordered breathing. This can and should include any snoring, daytime sleepiness, apneas, choking or gasping during sleep, and headaches. The duration of these symptoms should also be included.
 - b. Notes related to physical examination including BMI, circumference of neck area and an evaluation of upper airway system and cardiopulmonary health.
3. **Write a prescription for sleep study and encourage patient to complete as soon as possible.**
(We will not likely be able to get a CPAP approved without a sleep study)
4. **Sleep Study that meets most insurance criteria includes:**
 - a. Diagnosis of Obstructive Sleep Apnea (OSA) **AND**
 - b. Sleep study results with AHI or RDI values are ≥ 15 with a minimum of 30 events **OR**
 - c. Sleep study results with AHI or RDI values ≥ 5 and ≤ 14 with a minimum of 10 events and documentation of: Excessive daytime sleepiness, impaired cognition, mood disorders, or insomnia, Hypertension, ischemic heart disease, or history of stroke
5. **Tips to make things run smoothly:**
 - a. There needs to be an ICD 10 diagnosis code in the chart notes for Obstructive Sleep Apnea (G47.33).
 - b. Alpha Home Health care must have the following before equipment can be dispersed:
 - Sleep Study report
 - Titration Information from sleep study
 - Face to Face documentation with signature and NPI number
 - Detailed Order signed by physician
 - Insurance authorization
 - c. Assisting with quick return of these items with signatures/dates and NPI numbers can prevent delays
 - d. Most patients will need a follow up appointment to discuss the success of the equipment within the first 90 days of use
 - e. Most insurance companies will only rent the device for a period of time before approving the purchase. Insurance companies want to be sure the patient is going to be compliant.

Please fax patient demographics, prescription, and office notes to:

618.997.1385

If you have ANY questions, call: 618.998.9250